

Our team is excited to announce two upcoming events for 2023:

### 1. Tanjung Aru Beach Festival 2023



**Date :** 28 & 29 October 2023

**Time :** 10.00 am - 10.00 pm

**Venue :** Prince Philip Park, Tanjung Aru

#### **Event Description (for website):**

Tanjung Aru Beach Festival Is Back In 2023! 🌅

This annual festival is a collective celebration of local culture, music, food, and art. The best part? Everyone is invited and entrance is free! From 28 October to 29 October 2023, fill your weekend with unforgettable memories at TABF. Enjoy live music by Sabah Jazz by The Beach and talented local performers, experience Installation Art by the Bay,

and explore artisanal crafts and food by Urban Tamu vendors. You will also be able to enjoy a variety of activities including water sports and many beach activities. At the same time, revel in the unbeatable beauty of Tanjung Aru beach - home to one of the most stunning sunsets in the world.

For more information:

[Website](#) | [Facebook](#) | [Instagram](#)

**Social Media Caption:**

👋 Hello, Sabahans! Ready to rock it at the Tanjung Aru Beach Festival 2023?

Our last TABF in 2019 was so much fun and we can't wait to give you even more this year! Gather at Prince Philip Park @ Tanjung Aru Beach on 28 & 29 October 2023, from 10:00am to 10:00pm, to enjoy these activities:

🎵 Sabah Jazz by the Beach

🎨 Installation Art by the Bay

✨ TABF x Urban Tamu

🏖️ Beach Activities

.... And More!

See you there!

More information on [www.hellosabah.com](http://www.hellosabah.com)

#tanjungarubeachfestival2023 #tabf2023 #hellosabah #sabahtourism

## 2. Tropical Rainforest Run 2023



The poster for the Tropical Rainforest Run 2023 features a vibrant green and blue color scheme. At the top, it says "Feel SABAH North Borneo" with a logo. The main title "TROPICAL RAINFOREST RUN 2023" is in large, bold, green and white letters. Below the title, it reads "RUN AMONG THE TALLEST TROPICAL TREES IN THE WORLD" and "YELLOW MERANTI TREE (SHOREA FAGUETIANA)". The event location and date are "TAWAU HILLS PARK 26 NOVEMBER 2023 • 7.00AM". A yellow banner states "10% FOR ALL RUNNING FEE WILL BE CONTRIBUTED TO CONSERVATION PROJECT AT TAWAU HILLS PARK". The poster lists two race categories: "21KM" for Men Open, Women Open, Men Veteran (40 & Above), and Women Veteran (35 & Above) with a fee of "RM208"; and "6KM FUN RUN" with a fee of "RM108". It also mentions "INCLUSIVE OF T-SHIRT, BIB, MEDAL & CERTIFICATION". A QR code is provided for online registration, with a deadline of "31 OCTOBER 2023". The bottom of the poster shows logos for supporting organizations like Tourism Malaysia and the Malaysian Madani movement.

**Date** : 26 November 2023

**Time** : 7.00 am onwards

**Venue** : Tawau Hills Park, Sabah

### **Event Description (for website):**


Mark your calendars for the exciting return of Tropical Rainforest Run at Tawau Hills Park, Sabah this November! This year's race will be held on 26 November 2023 with two enticing races: 21km Tropical Rainforest Trail Run for seasoned trail enthusiasts (Open and Veteran) and 6km Fun Trail Run for beginners seeking for fun-filled adventure. You could win prizes worth over RM50,000 as you "Run Among The Tallest Tropical Trees In The World". Plus, 10% of the proceeds will support conservation projects in collaboration

with Tawau Hills Park. Don't miss out on this thrilling event!


For more information:


[Website](#) | [Facebook](#) | [Instagram](#) | [Registration Link](#)


**Social Media Caption:**


 Join us at the Tropical Rainforest Run 2023 for a chance to WIN prizes worth over RM50,000 in the enchanting "**Run Among The Tallest Tropical Trees In The World**" race:


 17 26 November 2023

 7.00am onwards

 21KM Trail Run & 6KM Fun Trail Run

 Finisher Medal, T-Shirt, Race Bib and e-Certificate for all participants

 Exciting Prizes for Winners

 10% of your registration fee will be contributed directly to support conservation efforts by Sabah Parks

**REGISTER TODAY** at [www.hellosabah.com](http://www.hellosabah.com).

Terms & Conditions apply.

#trr2023 #tropicalrainforestrun2023 #sabahtourism #sabahparks #hellosabah  
#tawauhillspark